MGUST Elementary Menu

ANNOUNCEMENTS

Monthly Promotion August 14th-18-Back to School Lucky Tray All Week!

August 31st-School Supply Give Away Class with the most participation

Did you know?

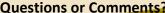
Your café menus are created by a registered dietitian! Meals are designed to fuel your student's body with the nutrients it needs to succeed inside and

outside the classroom!









Timmy Combs, Director of Dining Services

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This institution is an equal opportunity provider.

Wednesday

hursday







We're Going Back To School



Breakfast

Pancakes and Bacon Lunch

*Spaghetti w/ Italian Meat Sauce

*Max Snax Pizza Stix Turkey & Cheese Pita *Sun Butter & Jelly Green Beans

Breakfast

Peach Smoothie

<u>Lunch</u>

Beef Fingers *Pepperoni or Cheese Pizza *Chef Salad *Sun Butter & Jelly

Mashed Potatoes

<u>Breakfast</u>

Triple Berry French Toast

Lunch

*Macaroni & Cheese Cheeseburger Popcorn Chicken

*Elvis Power Pack w/ Goldfish Seasoned Broccoli

Breakfast

Sausage, w/ Biscuits & Grave

Lunch

*Cheesy Nachos Cheese or Chicken Alfredo Pizza

> Ham & Cheese Wrap *Sun Butter & Jelly **Steamed Carrots**

Breakfast

18

Cinnamon Roll

Lunch

Queen Ranch Casserole Breaded Chicken Sandwich Philly Beef Sandwich *Sun Butter & Jelly Potato Wedges

Breakfast Belgian Waffle Sticks

Lunch

*Chicken Alfredo Chicken Salad Wrap *Sun Butter & Jelly Potato Wedges **Baked Beans**

Breakfast

Pineapple Coconut Smoothie Lunch

*Cheese or Supreme Pizza Cuban Panini Melt Grilled Herb Chicken Salad

*Sun Butter & Jelly Steamed Carrots

Strawberry Peach Smoothie

Pizza

Chicken Ranch Wrap Chicken Nugget Potato Bowl *Sun Butter & Jelly Seasoned Corn

Breakfast

Maple Mini Waffles

Lunch

*Pancakes, Eggs, Sausage, & Bacon Hot Dog

Turkey & Cheese Croissant Fruit & Yogurt Power Pack **Tater Tots**

Breakfast

Pancakes w/ Sausage

Lunch

*Rotini w/ Marinara

Meatballs

Breaded Chicken Sandwich

Breakfast

Egg, Sausage & Cheese Bage Breakfast Casserole w/ Toast

Lunch

Swedish Meatballs Chicken Fajita Burrito **Chicken Nuggets** *Sun Butter & Jelly **Green Beans**

Breakfast

Lunch

Fajita Chicken Baked Potato 'Cheese or Hamburger Pizza Ham & Cheese Sub *Sun Butter & Jelly Seasoned Broccoli

No School

30 **Breakfast**

Lunch

*Cheese or Ham & Cheese

Chicken Taco Salad *Cheese Pizza Power Pack Green Beans

Breakfast

Egg Ham & Cheese Croissant

Lunch

Taco Beef Pie *Green Chili Cheese Quesadilla Ham & Cheese Croissant *Sun Butter & Jelly **Refried Beans**

Fresh Fruit Selection & Reduced Sugar Cereals Available Daily at Breakfast



*Vegetarian Option (or vegetarian upon request)